



Healing Within. Renewing Life.



Renewing Life™
...transform your life

Renewing Life™
for Breast Cancer Survivors
Friday, November 3: 6:00 - 8:30 pm
Saturday & Sunday, November 4 & 5: 8:30 am - 4:30 pm
at Pathways – A Healing Center in Minneapolis, MN

Thank you for your interest in attending Renewing Life™ for Breast Cancer Survivors.
To submit your name for an opportunity to attend, please fill out the following application.

Application deadline: October 15th, 2017

Applications will be accepted in the order they are received.
All applicants will receive an email from Pathways notifying them of their status in the program.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Cell Phone: _____

Email: _____

How did you hear about this opportunity? _____

By signing below, I agree that the information provided in this application is true and correct to the best of my knowledge. I agree to notify Pathways should any of my information change prior to the start of the program.

Signature: _____ Date: _____

Please mail or drop-off this completed application to:
Pathways/ Renewing Life Program,
3115 Hennepin Avenue S.,
Minneapolis, MN 55408



RENEWING LIFE™ FOR BREAST CANCER SURVIVORS

- Who:** Any woman who is a *breast cancer survivor (at any stage)*
- What:** Renewing Life for Breast Cancer Survivors with experienced facilitators
- Dates:** Friday, November 3: 6:00 pm - 8:30 pm
Saturday & Sunday, November 4 & 5: 8:30 am - 4:30 pm
- Location:** Pathways
3115 Hennepin Ave. S., Minneapolis, MN 55408
612-822-9061
- Cost:** There is **no program fee** to attend

Renewing Life™ is a program designed to empower individuals to live well amidst challenging life circumstances including life-threatening or chronic physical illness as well as expected or unexpected life transitions. Weaving together practical tools and life experiences, Renewing Life invites individuals to create new ways of being by sharing personal stories, learning and practicing new skills, connecting with others in a supportive environment and gaining life insight.

Key Concepts of Renewing Life™

- Become an active agent in your healing process
- Learn communication techniques to express feelings and enhance relationships
- Cultivate stress recognition and reduction techniques
- Enhance individual problem-solving skills and develop a peer support system
- Discover inner wisdom and self-authenticity
- Develop a wellness lifestyle that includes a purpose for life, a satisfaction in living, and a sense of joy